

**The Worst Perfect Moment**  
by Shivaun Plozza

Sixteen-year-old Tegan is dead and standing in the parking lot of the Marybelle Motor Lodge. Her only hope for Zelda, the teen angel responsible for the supposed error, is to explore Tegan's memories and unearth her true happiest moment.



**Please Pay Attention**  
by Jamie Sumner

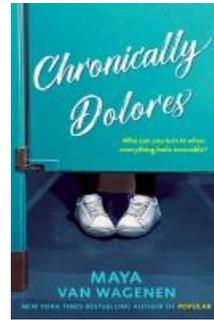
6th grader Bea finds healing through horseback riding after surviving a school shooting that left her feeling helpless in her wheelchair.



# Books That Give You All The Feels!

**Everything We Never Had**  
by Randy Ribay

Told in multiple perspectives, four generations of Filipino American boys grapple with identity, masculinity, and their fraught father-son relationships.



**Chronically Dolores**  
by Maya Van Wagenen

Dolores was recently diagnosed with a chronic bladder condition. The painful disease isn't life threatening, but it is threatening to ruin her life. Just when things seem hopeless, Dolores meets someone poised to change her fate.

**A Catalog of Burnt Objects**  
by Shana Youngdahl

Caprice wants to piece her family back together now that her older brother has returned home. As she's falling in love for the first time, mending her relationship with her brother, and completing the app that will win her a college scholarship, wildfires strike Sierra, her small California town, taking from her more than she ever realized she cherished.



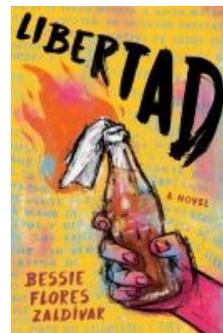
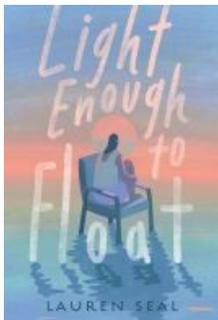
**Louder Than Hunger**  
by John Schu

A fictionalized account of the author's experiences and emotions as a young teen with an eating disorder tells the story of Jake. The less he eats, the bigger he feels. How long can Jake punish himself before he truly disappears?



**Light Enough to Float**  
by Lauren Seal

Diagnosed with anorexia, fourteen-year-old Evie begins the slow process of recovery with the help of caregivers and peers who are battling their own disordered-eating habits.



**Libertad**  
by Bessie Flores Zaldívar

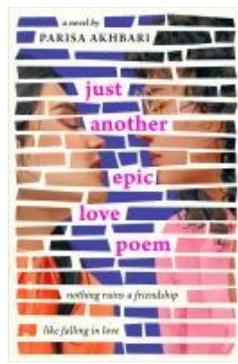
Set during the rigged Honduran presidential election, Libertad faces political & social corruption, homophobia, and threats to her poetry online. She dreams of a future where she doesn't have to hide who she is or worry about loved ones losing their life for speaking up.



Prepared by  
**MCLS Teen Services Librarians**  
2026

**Just Another Epic Love Poem**  
by Parisa Akhbari

Two best friends, bonded by their shared love of poetry, uncover all the different meanings of "I love you" once they begin dating their senior year of high school.



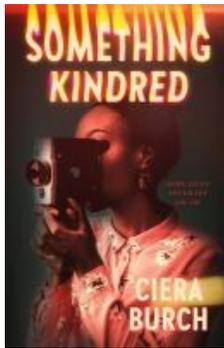
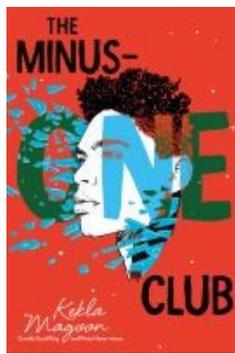
**The Great Cool Ranch Dorito in the Sky**  
by Josh Galarza

Facing the painful truths of his real life and his eating disorder when someone posts his journal and his deepest insecurities online, Brett fuels all his anxiety into his comic book series.



**The Minus-One Club**  
by Kekla Magoon

After fifteen-year-old Kermit loses his older sister in a car accident, he finds a message signed "-1" in his locker, inviting him into an unlikely group of fellow students dealing with grief. Kermit finds his crush Matt's headstrong approach to life a way to relieve his constant despair.

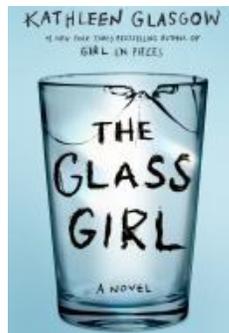
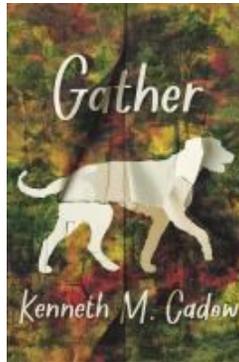


**Something Kindred**  
by Ciera Burch

Jericka finds herself in Coldwater, MD where her dying Grandmother lives. As she attempts to bond with a woman she's never known, she meets "ghost girl" Kat who is eager to leave Coldwater, a place with unsettling secrets. Jericka begins to question everything especially the lines between the living and the dead.

**Gather**  
by Kenneth M. Cadow

Gather, Ian's adopted pup, is good company now that Ian has to quit the basketball team, find a job, and take care of his mom as she overcomes her opioid addiction. Tragedy results in Ian and Gather taking off on the run, trying to evade a future that would mean leaving their house and their land.

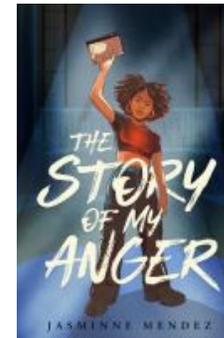
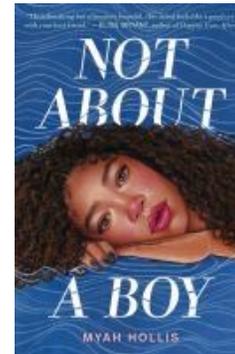


**The Glass Girl**  
by Kathleen Glasgow

Everyone in Bella's life needs something from her. There's only one thing that dulls the pressure: alcohol. After waking up in the hospital, it's time to face reality and her addiction and enter rehab.

**Not About a Boy**  
by Myah Hollis

Placed with a new foster family among Manhattan's elite, 17-year-old Mel must navigate through grief and depression as the anniversary of the worst day of her life approaches, before she loses herself and those she loves.

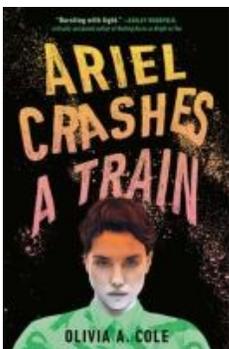
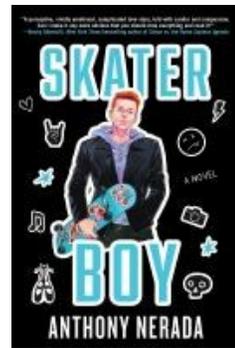


**The Story of My Anger**  
by Jasminne Mendez

Yulieta, a Dominican Texas teen tired of racism and censorship, starts a guerrilla theatre club with her friends as she finds her voice and the courage to stand up for what she believes in.

**Skater Boy**  
by Anthony Nerada

Wesley is failing senior year. So when his mom drags him to a production of The Nutcracker, Wes isn't interested at all until he sees Tristan Monroe and begins to think that he can change for the better.



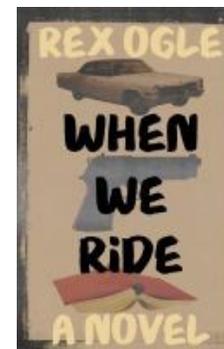
**Ariel Crashes a Train**  
by Olivia A. Cole

Ariel grapples with her fear of her own mind and violent fantasies, driven by her desire to meet her parents' expectations and societal norms. A new job and friends help her discover her struggle with OCD and help find acceptance and support.



**This Thing of Ours**  
by Frederick Joseph

Ossie must navigate his place in the social and academic ecosystems of his predominantly white school. After tearing his ACL, he joins a highly regarded writing program. Everything changes when some students' viral 'anti-woke' video puts the teacher's job, program, and Ossie's friends' safety at risk.



**When We Ride**  
by Rex Ogle

Loyalty, friendship, addiction and violence are all the things Diego experiences with his friend Lawson as he tries to escape his neighborhood despite the dangers.